



APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

(A State Government University)

B. Tech - 2024

**FIRST YEAR SYLLABUS
(GROUP A)**



SEMESTER 1

GROUP A

FIRST SEMESTER (July-December): Group A														
10 Days Compulsory Induction Program and UHV														
Sl. No:	Slot	Course Code	Course Type	Course Category	Course Title (Course Name)	Credit Structure				SS	Total Marks		Credits	Hrs./ Week
						L	T	P	R		CIA	ESE		
1	A	GAMAT101	BSC	GC	Mathematics for Information Science-1	3	0	0	0	4.5	40	60	3	3
2	B	GAPHT121	BSC	GC	Physics for Information Science	3	0	2	0	5.5	40	60	4	5
3	C	GMEST103	ESC	GC	Engineering Graphics and Computer Aided Drawing.	2	0	2	0	4	40	60	3	4
4	D	GXEST104	ESC	GC	Introduction to Electrical & Electronics Engineering	2	0	0	0	3	20	30	2+2=4	4
5	F	UCEST105	ESC	UC	Algorithmic Thinking with Python	3	0	2	0	5.5	40	60	4	5
6	L	GXESL106	ESC	GC	Basic Electrical and Electronics Engineering Workshop	0	0	2	0	1	50	50*	1	2
7	I	UCHWT127	HWP	UC	Health and Wellness	1	0	1	0	0	50	0	1	2/3
Total									30/32			20	25/ 26	
Bridge Course (Mathematics or Introduction to Computer Science) *:											Total 15 Hrs.			

SEMESTER S1
MATHEMATICS FOR INFORMATION SCIENCE – 1
(Group A)

Course Code	GAMAT101	CIE Marks	40
Teaching Hours/Week (L: T:P: R)	3:0:0:0	ESE Marks	60
Credits	3	Exam Hours	2 Hrs. 30 Min.
Prerequisites (if any)	Basic knowledge in single variable calculus	Course Type	Theory

Course Objectives:

1. To provide students with essential skills in analyzing functions of several variables, identifying extrema, and optimizing processes to preparing them to address diverse engineering applications and challenges.

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	Limits of Function Values, Continuity at a point, Continuous Functions, Rates of Change: Derivative at a Point, Derivative as a Function, Second- and Higher-Order Derivatives, Instantaneous Rates of Change, Chain Rule, Implicit Differentiation, Tangents and Normal Lines, Linearization, Concavity: The Second Derivative Test for Concavity. [Relevant topics from: Text 1- sections 2.2, 2.5, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.9, 4.4]	9
2	Functions of Several Variables: Domains and Ranges, Level curves of two variables, Limits for functions of two variables, Continuity for functions of two variables, Partial derivatives of a functions of more than two variables, Partial derivatives and continuity, Second- Order partial derivatives, The mixed derivative theorem, The Chain Rule: Functions of two variables [Relevant topics from: Text 1- sections 14.1, 14.2, 14.3, 14.4]	9

3	<p>The Chain Rule: Functions of three Variables, Directional Derivatives in the Plane, Interpretation of the Directional Derivative, Gradient, Properties of the Directional Derivative, Local Extreme Values for Functions of Two Variables: Relative extrema, First derivative theorem for local extreme values, Critical point, saddle point, Second Derivative Test for Local Extreme Values, Absolute Maxima and Minima on Closed Bounded Regions.</p> <p>[Relevant topics from: Text 1- sections 14.4, 14.5, 14.7]</p>	9
4	<p>Constrained Maxima and Minima, The Method of Lagrange Multipliers with one constraint, The Method of Lagrange Multipliers with two constraints, Method of Steepest Descent (only two variables), LPP-Formation, Solution of LPP using graphic method.</p> <p>[Relevant topics from: Text-1 section 14.8, Text-2 sections 22.1, 22.2, 22.3]</p>	9

Course Assessment Method
(CIE: 40 marks, ESE: 60 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Assignment/ Microproject	Internal Examination-1 (Written)	Internal Examination- 2 (Written)	Total
5	15	10	10	40

End Semester Examination Marks (ESE)

In Part A, all questions need to be answered and in Part B, each student can choose any one fullquestion out of two questions

Part A	Part B	Total
<ul style="list-style-type: none"> • 2 Questions from each module. • Total of 8 Questions, each carrying 3 marks <p>(8x3 =24marks)</p>	<ul style="list-style-type: none"> • Each question carries 9 marks. • Two questions will be given from each module, out of which 1 question should be answered. • Each question can have a maximum of 3 sub divisions. <p>(4x9 = 36 marks)</p>	60

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Apply various concepts in calculus to linearize functions and to analyze concavity.	K3
CO2	Calculate the limits for functions of two variables and partial derivatives of multivariable functions.	K3
CO3	Interpret directional derivative and solve maxima and minima of multivariable functions.	K3
CO4	Solve constrained maxima and minima, LPP and understand the method of Steepest Descent.	K3

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyze, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	3	3	-	2	-	-	-	-	-	-	-	2
CO2	3	3	-	2	-	-	-	-	-	-	-	2
CO3	3	3	-	2	-	-	-	-	-	-	-	2
CO4	3	3	-	2	-	-	-	-	-	-	-	2

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Thomas' Calculus	Maurice D. Weir, Joel Hass, Christopher Heil, Przemyslaw Bogacki	Pearson	15 th edition, 2023
2	Advanced Engineering Mathematics	Erwin Kreyszig	John Wiley & Sons	10 th edition, 2016

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Calculus	Howard Anton, Irl Bivens, Stephens Davis	Wiley	10 th edition, 2012
2	Optimization: Algorithms and Applications	Rajesh Kumar Arora	CRC Press	1 st edition, 2015
3	Multivariable Calculus	Ron Larson, Bruce Edwards	Brooks/Cole, Cengage Learning	10 th edition, 2014
4	Calculus & Its Applications	Goldstein, Schneider, Lay, Asmar	Pearson	14 th edition, 2018
5	Bird's Higher Engineering Mathematics	John Bird	Taylor & Francis	9 th edition, 2021
6	Higher Engineering Mathematics	B. V. Ramana	McGraw-Hill Education	39 th edition, 2023

Video Links (NPTEL, SWAYAM...)	
Module No.	Link ID
1	https://nptel.ac.in/courses/111106146
2	https://nptel.ac.in/courses/111107108
3	https://nptel.ac.in/courses/111107108
4	https://nptel.ac.in/courses/111107108

SEMESTER 1 / 2
PHYSICS FOR INFORMATION SCIENCE

(Common To Group A)

Course Code	GAPHT121	CIE Marks	40
Teaching Hours/Week (L: T:P: R)	3:0:2:0	ESE Marks	60
Credits	4	Exam Hours	2 Hrs. 30 Min.
Prerequisites (if any)	None	Course Type	Theory + Lab

Course Objectives:

1. To equip students with a strong foundation in the fundamentals of Physics, impart this knowledge within the context of Information Science disciplines, cultivate scientific attitudes and critical thinking skills, and enable students to integrate Physics concepts with their core Information Science programs.
2. To make the students gain practical knowledge to correlate the theoretical studies and to develop practical applications of engineering.

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	<p>Electrical conductivity</p> <p>Classical free electron theory, Electrical conductivity in metals, Fermi Dirac distribution, Variation of Fermi function with temperature, Fermi Energy, Energy bands, Classification of materials into conductor, semiconductor and insulator.</p> <p>Superconductivity, Transition temperature, Critical field, Meissner effect, Type I and Type II Super conductors. BCS Theory, Applications of superconductors.</p>	9

2	<p>Quantum Mechanics</p> <p>Introduction, Concept of uncertainty and conjugate observables (qualitative), Uncertainty principle (statement only), Application of uncertainty principle- Absence of electron inside nucleus - Natural line broadening, Wave function – properties - physical interpretation, Formulation of time dependent and time independent Schrodinger equations, Particle in a one- dimensional box - Derivation of energy eigen values and normalized wave function, Quantum Mechanical Tunnelling (Qualitative)</p>	9
3	<p>Semiconductor Physics</p> <p>Intrinsic semiconductor, Derivation of density of electrons in conduction band and density of holes in valence band, Intrinsic carrier concentration, Variation of Intrinsic carrier concentration with temperature, Extrinsic semiconductor (qualitative)</p> <p>Formation of p-n junction, Fermi level in semiconductors-intrinsic and extrinsic, Energy band diagram of p-n junction - Qualitative description of charge flow across a p-n junction - Forward and reverse biased p-n junctions, Diode equation (Derivation), I-V Characteristics of p-n junction</p>	9
4	<p>Semiconductor Devices</p> <p>Semiconductor devices- Rectifiers- Full wave and Half wave. Zener diode- VI characteristics, Tunnel diode-VI characteristics, Semiconductor Laser (Construction and working), Applications</p> <p>Photonic devices (Qualitative treatment only) - Photo detectors (Junction and PIN photodiodes), Solar cells- IV Characteristics, Efficiency, Stringing of Solar cells to solar panel, Light Emitting Diode, Applications</p>	9

Course Assessment Method
(CIE: 40 marks, ESE: 60 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Continuous Assessment	Internal Examination-1 (Written)	Internal Examination-2 (Written)	Internal Examination-3 (Lab Examination)	Total
5	10	10	10	5	40

End Semester Examination Marks (ESE)

In Part A, all questions need to be answered and in Part B, each student can choose any one fullquestion out of two questions

Part A	Part B	Total
<ul style="list-style-type: none"> 2 Questions from each module. Total of 8 Questions, each carrying 3 marks <p align="center">(8x3 =24marks)</p>	<ul style="list-style-type: none"> Each question carries 9 marks. Two questions will be given from each module, out of which 1 question should be answered. Each question can have a maximum of 3 sub divisions. <p align="center">(4x9 = 36 marks)</p>	60

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Explain electrical conductivity and Superconductivity.	K2
CO2	Explain the behaviour of matter in the atomic and subatomic level through the principles of quantum mechanics.	K2
CO3	Apply the fundamentals of Semiconductor Physics in engineering.	K3
CO4	Describe the behaviour of semiconductor materials in semiconductor devices.	K2
CO5	Apply basic knowledge of principles and theories in physics to conduct experiments.	K3

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	3											3
CO2	3											3
CO3	3	3										3
CO4	3											3
CO5	3	3			3							3

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Engineering Physics	H K Malik and A K Singh	McGraw Hill	2 nd Edition, 2017
2	Concepts of Modern Physics	Arthur Beiser	Tata McGraw Hill Publications	6 th Edition, 2003
3	A Textbook of Engineering Physics	MN Avadhanulu, P G Kshirsagar, TVS Arun murthy	S. Chand	11 th Edition, 2018

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Semiconductor Devices Fundamentals	Robert F Pierret	Pearson Education	1995
2	Advanced Semiconductor Fundamental	Robert F Pierret	Pearson Education	2 nd Edition, 2002
3	Solid State Electronic Devices	Ben G Streetman and Sanjay Kumar Banerjee	Pearson Education 6/e	2010
4	Solid State Physics	S.O. Pillai	New age international publishers	10 th Edition, 2022
5	Introduction to Solid State Physics	Charles Kittel	Wiley India Edition	2019
6	Advanced Engineering Physics	Premlet B	Phasor Books	10 th Edition ,2017
7	A Text Book of Engineering Physics	I. Dominic and. A. Nahari,	Owl Books Publishers	Revised Edition, 2016

Video Links (NPTEL, SWAYAM...)	
Module No.	Link ID
1	https://nptel.ac.in/courses/115103108
2	https://nptel.ac.in/courses/115101107 https://nptel.ac.in/courses/115102023
3	https://nptel.ac.in/courses/108106181
4	https://nptel.ac.in/courses/108108112

Continuous Assessment (10 Marks)

i. Preparation and Pre-Lab Work (2 Marks)

- Pre-Lab Assignments: Assessment of pre-lab assignments or quizzes that test understanding of the upcoming experiment.
- Understanding of Theory: Evaluation based on students' preparation and understanding of the theoretical background related to the experiments.

ii. Conduct of Experiments (2 Marks)

- Procedure and Execution: Adherence to correct procedures, accurate execution of experiments, and following safety protocols.
- Skill Proficiency: Proficiency in handling equipment, accuracy in observations, and troubleshooting skills during the experiments.
- Teamwork: Collaboration and participation in group experiments.

iii. Lab Reports and Record Keeping (3 Marks)

- Quality of Reports: Clarity, completeness and accuracy of lab reports. Proper documentation of experiments, data analysis and conclusions.
- Timely Submission: Adhering to deadlines for submitting lab reports/rough record and maintaining a well-organized fair record.

iv. Viva Voce (3 Marks)

- Oral Examination: Ability to explain the experiment, results and underlying principles during viva voce session.

***Final Marks Averaging:** The final marks for preparation, conduct of experiments, viva, and record are the average of all the specified experiments in the syllabus.*

1. Evaluation Pattern for Lab Examination (5 Marks)**1. Procedure/Preliminary Work/Conduct of Experiments (2 Marks)**

- Procedure Understanding and Description: Clarity in explaining the procedure and understanding each step involved.
- Preliminary Work and Planning: Thoroughness in planning and organizing materials/equipment.

Setup and Execution: Proper setup and accurate execution of the experiment or programming task

2. Result (2 Marks)

- Accuracy of Results: Precision and correctness of the obtained results.

3. Viva Voce (1 Marks)

- Proficiency in answering questions related to theoretical and practical aspects of the subject.

Experiment List**(Minimum 10 Experiments)**

Experiment No.	Experiment
1	Diode characteristics
2	Zener diode- V-I characteristics
3	Tunnel diode –V-I characteristics
4	Half wave rectifier
5	Full wave rectifier
6	Hall effect in semiconductors
7	Determination of band gap energy of a semiconductor

8	Characteristics of LED
9	Solar Cell- V-I and Intensity Characteristics
10	Laser – Determination of wavelength using diffraction grating
11	Laser- To measure the wavelength using a millimetre scale as a grating
12	Compare the variation of current with potential difference, for a metal, filamentbulb and semiconductor diode.
13	Determination of dielectric constant
14	CRO -Measurement of frequency and amplitude of wave forms
15	Photo diode - V-I Characteristics
16	Numerical aperture of optical fiber

SEMESTER S1
ENGINEERING GRAPHICS AND COMPUTER AIDED DRAWING
(Common to A, B & D)

Course Code	GMEST103	CIE Marks	40
Teaching Hours/Week (L: T:P: R)	2-0-2-0	ESE Marks	60
Credits	3	Exam Hours	2 Hrs. 30 Min.
Prerequisites (if any)	None	Course Type	Theory & Lab

Course Objectives:

1. To learn the principles and techniques of dimensioning and preparing engineering drawings.
2. To develop the ability to accurately interpret and understand engineering drawings.
3. To learn the features of CAD software

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	Introduction: Relevance of technical drawing in engineering field.Types of lines, Dimensioning, BIS code of practice for technical drawing. (No questions for the end semester examination) Projection of points in different quadrants, Projection of straight lines inclined to one plane and inclined to both planes. Trace of a line. Inclination of lines with reference planes. True length and true inclinations of line inclined to both the reference planes.	9
2	Projection of Simple solids such as Triangular, Rectangle, Square, Pentagonal and Hexagonal Prisms, Pyramids, Cone and Cylinder only. Projection of solids in simple position including profile view.	9

	Projection of solids with axis inclined to one of the reference planes and with axis inclined to both reference planes.	
3	Sections of Solids: Sections of Prisms, Pyramids, Cone and Cylinder only, with axis in vertical position and cut by different section planes. True shape of the sections. (Exclude true shape given problems) Development of Surfaces: Development of surfaces of the solids and solids cut by different section planes. (Exclude problems with through holes)	9
4	Isometric Projection: Isometric scale- Isometric View and Projections of Prisms, Pyramids, Cone, Cylinder, Sphere, Hemisphere and their combinations. Computer Aided Drawing (CAD): Introduction, Role of CAD in design and development of new products, Advantages of CAD. Creating two-dimensional drawing with dimensions using suitable software. (CAD, only internal evaluation)	9

Course Assessment Method
(CIE: 40 marks, ESE: 60 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Assignment+ Lab Exam	Internal Examination-1	Internal Examination- 2	Total
5	10+5	10	10	40

End Semester Examination Marks (ESE)

In Part A, all questions need to be answered and in Part B, each student can choose any one fullquestion out of two questions

2 Questions from one module Total 8 Questions, each question carries 15 marks (15x4 =60marks)	Total
	60

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Understand the projection of points and lines located in different quadrants	K2
CO2	Prepare multiview orthographic projections of objects by visualizing them in different positions	K3
CO3	Plot sectional views and develop surfaces of a given object	K3
CO4	Prepare pictorial drawings using the principles of isometric projection	K3
CO5	Sketch simple drawing using CAD tools.	K3

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	3	2										
CO2	3	2										
CO3	3	2										
CO4	3	2										
CO5	3	2	2		3							

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Engineering Graphics	Varghese, P. I.	V I P Publishers	2018 edn
2	Engineering Graphics,	Benjamin, J.	Pentex Publishers	2016 edn
3	Engineering Graphics	John, K. C.	Prentice Hall India Publishers	2017 edn
4	Engineering Drawing,	Bhatt, N., D.	Charotar Publishing House Pvt Ltd.	60th edn 2019
5	Engineering Graphics,	Anilkumar, K. N.	Adhyuth Narayan Publishers	2022 edn

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Engineering Graphics with AutoCAD,	Kulkarni, D. M., Rastogi, A. P. and Sarkar, A. K.,	Prentice Hall India Publishers	2020 edn
2	Engineering Drawing & Graphics	Venugopal, K.	New Age International Publishers	5th edn 2011
3	Engineering Drawing	Parthasarathy, N. S., and Murali, V.	Oxford University Press	2015 edn

Video Links (NPTEL, SWAYAM...)	
Module No.	Link ID
1	https://archive.nptel.ac.in/courses/112/102/112102304/
2	https://archive.nptel.ac.in/courses/112/102/112102304/
3	https://archive.nptel.ac.in/courses/112/102/112102304/
4	https://archive.nptel.ac.in/courses/112/102/112102304/

SEMESTER S1
INTRODUCTION TO ELECTRICAL AND ELECTRONICS
ENGINEERING

(Common to Group A & B)

Course Code	GXEST104	CIE Marks	40
Teaching Hours/Week (L: T:P: R)	4:0:0:0	ESE Marks	60
Credits	4	Exam Hours	2 Hrs. 30 Min.
Prerequisites (if any)	None	Course Type	Group Core-Theory

Course Objectives:

1. Apply fundamental concepts and circuit laws to solve simple DC/AC electric circuits
2. Classify series and parallel magnetic circuits
3. Analyse three phase AC systems
4. Describe the fundamental concepts of electronic components and devices
5. Outline the principles of communication systems
6. Identify various applications of modern electronics in the contemporary world

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	<p>Elementary concepts of DC electric circuits: Current and Voltage Division Rule - Relative potential Capacitors & Inductors: V-I relations and Energy stored. Ohms Law and Kirchhoff's laws - numerical problems. Star-delta conversion (<i>resistive networks only - derivation not required</i>) - numerical problems.</p> <p>Analysis of DC Electric circuits: Mesh current method - matrix representation - Solution of network equations.</p>	11

	<p>Node voltage methods-matrix representation-solution of network equations by matrix methods - numerical problems.</p> <p>Elementary Concepts of Magnetic circuits:</p> <p>Magnetic Circuits: Basic Terminology: MMF, field strength, fluxdensity, reluctance - Comparison between electric and magnetic circuits - Series and parallel magnetic circuits with composite materials (<i>numerical problems not needed</i>)</p>	
2	<p>Electromagnetic Induction:</p> <p>Faraday's laws, Lenz's law- statically induced and dynamically induced emf – Self-inductance and mutual inductance, coefficient of coupling (<i>numerical problems not needed</i>)</p> <p>Alternating Current fundamentals:</p> <p>Generation of alternating voltages - Representation of sinusoidal waveforms: frequency, period, average value, RMS value and form factor - numerical problems</p> <p>AC Circuits: Phasor representation of sinusoidal quantities, Trigonometric, Rectangular, Polar and complex forms.</p> <p>Analysis of simple AC circuits: Purely resistive, inductive & capacitive circuits; Inductive and capacitive reactance, concept of impedance - numerical problems.</p> <p>RL, RC and RLC series circuits- power factor, active, reactive and apparent power. Simple numerical problems.</p> <p>Three phase AC systems: Generation of three phase voltages, advantages of three phase systems, star and delta connections (balanced only), relation between line and phase voltages, line and phase currents- numerical problems</p>	11
3	<p>Introduction to Electronic devices:</p> <p>Passive and active components in electronics</p> <p>Working of PN junction diode, V-I characteristics of PN Junction diode</p>	13

	<p>Zener diode and avalanche breakdown. Basics of Zener voltage regulator Block diagram of DC power supply, circuit and working of half wave, full wave and bridge rectifiers, ripple factor (with and without capacitor filters) Construction, working and V-I Characteristics of BJT, Input output characteristics of CE configuration, Comparison of CE, CB and CC configurations Concept of biasing and load line Transistor as a switch, Transistor as an amplifier (Circuit Diagram and working) RC coupled amplifier - Circuit diagram and frequency response Introduction to FET, Construction and working of N-channel and P-Channel MOSFETs</p>	
<p style="text-align: center;">4</p>	<p>Modern Electronics and its applications: General block diagram of a Communication system, Block diagram of Fiber optic Communication system Concept of AM and FM (No derivation required), Block diagram of AM and FM super-heterodyne receiver Basic concepts of Wired and Wireless communication, Block diagram of GSM Comparison of 3G, 4G, 5G and 6G communication technologies Block diagrams of Electronic instrumentation system, Digital Multimeter, Function generator Introduction to CRO and Lissajous patterns Applications of modern electronics – IoT based smart homes, healthcare and agriculture (<i>Case study only</i>)</p>	<p style="text-align: center;">9</p>

Course Assessment Method
(CIE: 40 marks, ESE: 60 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Assignment/ Microproject	Internal Examination-1 (Written)	Internal Examination- 2 (Written)	Total
5	15	10	10	40

End Semester Examination Marks (ESE)

In Part A, all questions need to be answered and in Part B, each student can choose any one fullquestion out of two questions

Part A	Part B	Total
<ul style="list-style-type: none"> • 2 Questions from each module. • Total of 8 Questions, each carrying 3 marks <p align="center">(8x3 =24marks)</p>	<ul style="list-style-type: none"> • Each question carries 9 marks. • Two questions will be given from each module, out of which 1 question should be answered. • Each question can have a maximum of 3 sub divisions. <p align="center">(4x9 = 36 marks)</p>	60

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Apply fundamental concepts and circuit laws to solve simple DC/AC electric circuits	K2
CO2	Classify series and parallel magnetic circuits	K2
CO3	Analyse three phase AC systems	K2
CO4	Explain the fundamental concepts of electronic components and devices	K2
CO5	Outline the principles of communication systems	K2
CO6	Identify various applications of modern electronics in the contemporary world	K2

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	3	2										2
CO2	2											2
CO3	3	2										2
CO4	2	1										2
CO5	2											2
CO6	3		1			3	1					2

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Basic Electrical Engineering	D P Kothari and I J Nagrath	Tata McGraw Hill	4/e 2019
2	Schaum's Outline of Basic Electrical Engineering	J.J.Cathey and Syed A Nasar	Tata McGraw Hill	3/e 2010
3	Basic Electronics: Principles and Applications	Chinmoy Saha, Arindham Halder and Debarati Ganguly	Cambridge University Press	1/e 2018
4	Basic Electrical and Electronics Engineering	D. P. Kothari and I. J. Nagrath	McGraw Hill	2/e 2020
5	The Internet of Things: How Smart TVs, Smart Cars, Smart Homes, and Smart Cities Are Changing the World	Michael Miller	QUE	1/e 2015
6	Basic Electronics and Linear Circuits	N N Bhargava D C Kulshreshtha and S. C. Gupta	McGraw Hill	2/e 2017
7	Electronic Communication Systems	Kennedy and Davis	McGraw Hill	6/e 2017

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Basic Electrical Engineering	D C Kulshreshtha	Tata McGraw Hill	2/e 2019
2	Electrical Engineering Fundamentals	Del Toro V	Pearson Education	2/e 2019
3	Basic Electrical Engineering	T. K. Nagsarkar, M. S. Sukhija	Oxford Higher Education	3/e 2017
4	Electronics: A Systems Approach	Neil Storey	Pearson	6e 2017
5	Electronic Devices and Circuit Theory	Robert L. Boylestad and Louis Nashelsky	Pearson	11e 2015
6	Principles of Electronic Communication Systems	Frenzel, L. E	MGH	4e 2016
7	Internet of Things: Architecture and Design Principles	Raj Kamal	McGraw Hill	1/e 2017
8	Electronic Communication	Dennis Roddy and John Coolen	Pearson	4/e 2008

SEMESTER S1**ALGORITHMIC THINKING WITH PYTHON****(Common to All Branches)**

Course Code	UCEST105	CIE Marks	40
Teaching Hours/Week(L: T:P: R)	3:0:2:0	ESE Marks	60
Credits	4	Exam Hours	2 Hrs. 30 Min
Prerequisites (if any)	None	Course Type	Theory

Course Objectives:

1. To provide students with a thorough understanding of algorithmic thinking and its practical applications in solving real-world problems.
2. To explore various algorithmic paradigms, including brute force, divide-and-conquer, dynamic programming, and heuristics, in addressing and solving complex problems.

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	<p>PROBLEM-SOLVING STRATEGIES:- Problem-solving strategies defined, Importance of understanding multiple problem-solving strategies, Trial and Error, Heuristics, Means-Ends Analysis, and Backtracking (Working backward).</p> <p>THE PROBLEM-SOLVING PROCESS:- Computer as a model of computation, Understanding the problem, Formulating a model, Developing an algorithm, Writing the program, Testing the program, and Evaluating the solution.</p> <p>ESSENTIALS OF PYTHON PROGRAMMING:- Creating and using variables in Python, Numeric and String data types in Python, Using the math module, Using the Python Standard Library for handling basic I/O - print, input, Python operators and their precedence.</p>	7

2	<p>ALGORITHM AND PSEUDOCODE REPRESENTATION:- Meaning and Definition of Pseudocode, Reasons for using pseudocode, The main constructs of pseudocode - Sequencing, selection (if-else structure, case structure) and repetition(for, while, repeat-until loops), Sample problems*</p> <p>FLOWCHARTS** :- Symbols used in creating a Flowchart - start and end, arithmetic calculations, input/output operation, decision (selection), module name (call), for loop (Hexagon), flow-lines, on-page connector, off-page connector.</p> <hr/> <p>* - Evaluate an expression, $d=a+b*c$, find simple interest, determine the larger of two numbers, determine the smallest of three numbers, determine the grade earned by a student based on KTU grade scale (using if-else and case structures), print the numbers from 1 to 50 in descending order, find the sum of n numbers input by the user (using all the three loop variants), factorial of a number, largest of n numbers (Not to be limited to these exercises. More can be worked out if time permits).</p> <p>** Only for visualizing the control flow of Algorithms. The use of tools like RAPTOR (https://raptor.martincarlisle.com/) is suggested. Flowcharts for the sample problems listed earlier may be discussed</p>	9
3	<p>SELECTION AND ITERATION USING PYTHON:- if-else, elif, for loop, range, while loop. Sequence data types in Python - list, tuple, set, strings, dictionary, Creating and using Arrays in Python (using <i>Numpy</i> library).</p> <p>DECOMPOSITION AND MODULARIZATION* :- Problem decomposition as a strategy for solving complex problems, Modularization, Motivation for modularization, Defining and using functions in Python, Functions with multiple return values</p>	10

	<p>RECURSION:- Recursion Defined, Reasons for using Recursion, The Call Stack, Recursion and the Stack, Avoiding Circularity in Recursion, <i>Sample problems - Finding the nth Fibonacci number, greatest common divisor of two positive integers, the factorial of a positive integer, adding two positive integers, the sum of digits of a positive number</i> **.</p> <hr/> <p>* <i>The idea should be introduced and demonstrated using Merge sort, the problem of returning the top three integers from a list of $n \geq 3$ integers as examples. (Not to be limited to these two exercises. More can be worked out if time permits).</i></p> <p>** <i>Not to be limited to these exercises. More can be worked out if time permits.</i></p>	
4	<p>COMPUTATIONAL APPROACHES TO PROBLEM-SOLVING (Introductory diagrammatic/algorithmic explanations only. Analysis not required) :-</p> <p>Brute-force Approach - - <i>Example: Padlock, Password guessing</i></p> <p>Divide-and-conquer Approach - - <i>Example: The Merge Sort Algorithm</i> - Advantages of Divide and Conquer Approach - Disadvantages of Divide and Conquer Approach</p> <p>Dynamic Programming Approach - <i>Example: Fibonacci series</i> - Recursion vs Dynamic Programming</p> <p>Greedy Algorithm Approach - <i>Example: Given an array of positive integers each indicating the completion time for a task, find the maximum number of tasks that can be completed in the limited amount of time that you have.</i> - Motivations for the Greedy Approach - Characteristics of the Greedy Algorithm - Greedy Algorithms vs Dynamic Programming</p> <p>Randomized Approach - <i>Example 1: A company selling jeans gives a coupon for each pair of jeans. There are n different coupons. Collecting n different coupons would give you free jeans. How many jeans do you expect to buy before getting a free one?</i></p>	10

	<p>- Example 2: n people go to a party and drop off their hats to a hat-check person. When the party is over, a different hat-check person is on duty and returns the n hats randomly back to each person. What is the expected number of people who get back their hats?</p> <p>- Motivations for the Randomized Approach</p>	
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Course Assessment Method
(CIE: 40 marks, ESE: 60 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Continuous Assessment (Accurate Execution of Programming Tasks)	Internal Examination-1 (Written Examination)	Internal Examination-2 (Written Examination)	Internal Examination- 3 (Lab Examination)	Total
5	5	10	10	10	40

End Semester Examination Marks (ESE)

In Part A, all questions need to be answered and in Part B, each student can choose any one full question out of two questions

Part A	Part B	Total
<ul style="list-style-type: none"> • 2 Questions from each module. • Total of 8 Questions, each carrying 3 marks <p style="text-align: center;">(8x3 = 24marks)</p>	<ul style="list-style-type: none"> • Each question carries 9 marks. • Two questions will be given from each module, out of which 1 question should be answered. • Each question can have a maximum of 3 sub divisions. <p style="text-align: center;">(4x9 = 36 marks)</p>	60

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Utilize computing as a model for solving real-world problems.	K2
CO2	Articulate a problem before attempting to solve it and prepare a clear and accurate model to represent the problem.	K3
CO3	Utilize effective algorithms to solve the formulated models and translate algorithms into executable programs.	K3
CO4	Interpret the problem-solving strategies, a systematic approach to solving computational problems, and essential Python programming skills	K3

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	3	3	3									3
CO2	3	3	3									3
CO3	3	3	3									3
CO4	3	3	3									3

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Problem solving & programming concepts	Maureen Sprankle, Jim Hubbard	Pearson	9/e, 2011
2	How to Solve It: A New Aspect of Mathematical Method	George Pólya	Princeton University Press	2/e, 2015
3	Creative Problem Solving: An Introduction	Donald Treffinger., Scott Isaksen, Brian Stead-Doval	Prufrock Press	4/e,2005
4	Psychology (Sec. Problem Solving.)	Spielman, R. M., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M., & Perlmutter, M	H5P Edition	1/e, 2021
5	Computational Thinking: A Primer for Programmers and Data Scientists	G Venkatesh Madhavan Mukund	Mylspot Education Services Pvt Ltd	1/e, 2020
6	Computer Arithmetic Algorithms	Koren, Israel	AK Peters/CRC Press	2/e, 2001
7	Python for Everyone	Cay S. Horstmann, Rance D. Neceise	Wiley	3/e, 2024
8	Introduction to Computation and Programming using Python	Gutttag John V	PHI	2/e., 2016

Video Links (NPTEL, SWAYAM...)	
Module No.	Link ID
1	https://opentextbc.ca/h5pppsychology/chapter/problem-solving/
2	https://onlinecourses.nptel.ac.in/noc21_cs32/preview

1. Continuous Assessment (5 Marks)

Accurate Execution of Programming Tasks

- Correctness and completeness of the program
- Efficient use of programming constructs
- Handling of errors
- Proper testing and debugging

2. Evaluation Pattern for Lab Examination (10 Marks)

1. Algorithm (2 Marks)

Algorithm Development: Correctness and efficiency of the algorithm related to the question.

2. Programming (3 Marks)

Execution: Accurate execution of the programming task.

3. Result (3 Marks)

Accuracy of Results: Precision and correctness of the obtained results.

4. Viva Voce (2 Marks)

Proficiency in answering questions related to theoretical and practical aspects of the subject.

Sample Classroom Exercises:

1. Identify three ill-defined problems and well-defined problems
2. Identify five use cases for Trial and error, Heuristics, backtracking, and Means-ends analysis.
3. Use a diagram to solve the Tower of Hanoi for three pegs with the minimum number of moves.
4. Evaluate different algorithms discussed earlier based on their efficiency by counting the number of steps.
5. A recursive function that takes a number and returns the sum of all the numbers from zero to that number.
6. A recursive function that takes a number as an input and returns the factorial of that number.
7. A recursive function that takes a number 'n' and returns the nth Fibonacci number.
8. A recursive function that takes an array of numbers as input and returns the product of all the numbers in the array.
9. A program to reverse the contents of an **1D** array without using a second array.
10. To register for the end-semester examination, you need to log into the University portal with your credentials. Write a program to validate the credentials. Assume that the usernames are stored in an array of strings called **USERNAME** and the corresponding passwords are stored in another array of strings called **PASSWORD** such that **password[i]** is the password for the user **username[i]**.
11. You are given a list and your task is to divide it to make two smaller lists. The sublists should be made from alternate elements in the original list. So if the original list is **{5,1,4,12,6}**, then one sublist should be **{5,4,6}** and the other should be **{1,12}**.
12. A program that takes three points in a 2D plane and determines whether they are collinear. Two pairs of points are collinear if they have the same slope.

LAB Experiments:

1. Simple desktop calculator using Python. *Only the five basic arithmetic operators.*
2. Create, concatenate, and print a string and access a sub-string from a given string.
3. Familiarize time and date in various formats (Eg. "Thu Jul 11 10:26:23 IST 2024").
4. Write a program to create, append, and remove lists in Python using NumPy.
5. Program to find the largest of three numbers.
6. Convert temperature values back and forth between Celsius (c), and Fahrenheit (f). [Formula: $c/5 = f-32/9$]
7. Program to construct patterns of stars (*), using a nested for loop.
8. A program that prints prime numbers less than *N*.

9. Program to find the factorial of a number using Recursion.
10. Recursive function to add two positive numbers.
11. Recursive function to multiply two positive numbers.
12. Recursive function to find the greatest common divisor of two positive numbers.
13. A program that accepts the lengths of three sides of a triangle as inputs. The program should output whether or not the triangle is a right triangle (Recall from the Pythagorean Theorem that in a right triangle, the square of one side equals the sum of the squares of the other two sides). Implement using functions.
14. Program to define a module to find Fibonacci Numbers and import the module to another program.
15. Program to check whether the given number is a valid mobile number or not using functions.

Rules:

1. Every number should contain exactly 10 digits.
 2. The first digit should be 7 or 8 or 9
16. Input two lists from the user. Merge these lists into a third list such that in the merged list, all even numbers occur first followed by odd numbers. Both the even numbers and odd numbers should be in sorted order.
 17. Write a program to play a sticks game in which there are 16 sticks. Two players take turns to play the game. Each player picks one set of sticks (needn't be adjacent) during his turn. A set contains 1, 2, or 3 sticks. The player who takes the last stick is the loser. The number of sticks in the set is to be input.
 18. Suppose you're on a game show, and you are given the choice of three doors: Behind one door is a car; behind the others, goats. You pick a door, say No. 1, and the host, who knows what is behind the doors, opens another door, say No. 3, which has a goat. He then asks, "Do you want to pick door No. 2?" Is it to your advantage to switch your choice?

(source:https://en.wikipedia.org/wiki/Monty_Hall_problem#:~:text=The%20Monty%20Hall%20problem%20is,the%20American%20Statistician%20in%201975.)

SEMESTER S1/S2
BASIC ELECTRICAL AND ELECTRONICS ENGINEERING
WORKSHOP

(Common to All Groups except for Civil Engineering Branch)

Course Code	GXESL106	CIE Marks	50
Teaching Hours/Week (L: T:P: R)	0:0:2:0	ESE Marks (Internal only)	50
Credits	1	Exam Hours	2 Hrs. 30 Min.
Prerequisites (if any)	None	Course Type	Lab

Course Objectives:

1. To create awareness and familiarity with electrical wiring and safety measures to be taken.
2. To Identify various electronic components and to operate various measuring instruments
3. Learn to setup simple electronic circuits on breadboard and PCB

Expt. No.	Experiments
Electrical Workshop (Minimum of 7 Experiments to be done)	
1	a) Demonstrate the precautionary steps adopted in case of Electrical shocks. b) Identify different types of cables, wires, switches, fuses, fuse carriers, MCB, ELCB and MCCB, familiarize the ratings.
2	Wiring of a simple light circuit for light/ fan point (PVC conduit wiring) and a 6A plug socket with individual control.
3	Wiring of light/fan circuit using two-way switches. (Staircase wiring)
4	Wiring of fluorescent lamp and a power plug (16 A) socket with a control switch.
5	Wiring of power distribution arrangement using single phase MCB distribution board with ELCB, main switch and Energy meter.
6	Familiarisation of step up and step-down transformers, (use low voltage transformers) Measurement and representation of voltage and waveform to scale in graph sheet with the help of CRO
7	Familiarisation of rheostats, measurement of potential across resistance elements and introducing the concept of relative potential using a DC circuit.

8	<p>a) Identify battery specifications using different types of batteries. (Lead acid, Li Ion, NiCd etc.)</p> <p>b) Familiarize different types of earthing (Pipe, Plate Earthing, Mat Schemes) and ground enhancing materials (GEM).</p>
ELECTRONICS WORKSHOP (Minimum of 7 Experiments to be done)	
1	Familiarization/Identification of electronic components with specification (Functionality, type, size, colour coding, package, symbol and cost of -Active, Passive, Electrical, Electronic, Electro-mechanical, Wires, Cables, Connectors, Fuses, Switches, Relays, Crystals, Displays, Fasteners, Heat sink etc.)
2	Drawing of electronic circuit diagrams using BIS/IEEE symbols and Interpret data sheets of discrete components and IC's
3	<p>Familiarization/Application of testing instruments and commonly used tools. - Multimeter, Function generator, Power supply, CRO, DSO.</p> <p>Soldering iron, Desoldering pump, Pliers, Cutters, Wire strippers, Screw drivers, Tweezers, Crimping tool, Hot air soldering and de- soldering station</p>
4	Testing of electronic components using multimeter - Resistor, Capacitor, Diode, Transistor and JFET.
5	Printed circuit boards (PCB) - Types, Single sided, Double sided, PTH, Processing methods. Design and fabrication of a single sided PCB for a simple circuit.
6	<p>Inter-connection methods and soldering practice.</p> <p>Bread board, Wrapping, Crimping, Soldering - types - selection of materials and safety precautions.</p> <p>Soldering practice in connectors and general-purpose PCB, Crimping.</p>

7	Assembling of electronic circuit/system on general purpose PCB, test and show the functioning (Any two)- Fixed voltage power supply with transformer <ul style="list-style-type: none"> • Rectifier diode • Capacitor filter • Zener/IC regulator Square wave generation using IC 555 timer in IC base.
8	Assembling of electronic circuits using SMT (Surface Mount Technology) stations.
9	Introduction to EDA tools (such as KiCad or Xcircuit)

Course Assessment Method
(CIE: 50 marks, ESE: 50 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Preparation/Pre-Lab Work, experiments, Viva and Timely completion of Lab Reports / Record (Continuous Assessment)	Total
5	45	50

End Semester Examination Marks (ESE): (Internal evaluation only)

Procedure/ Preparatory work/Design/ Algorithm	Conduct of experiment/ Execution of work/ troubleshooting/ Programming	Result with valid inference/ Quality of Output	Viva voce	Record	Total
10	15	10	10	5	50

- Submission of Record: Students shall be allowed for the end semester examination only upon submitting the duly certified record.
- Minimum Pass Mark: The requirement for passing the lab course included in the first-year curriculum is that the student must score a minimum of 50% overall, combining marks from both Continuous Internal Evaluation (CIE) and End Semester Examination (ESE). There is no separate minimum requirement for each component.
- There will not be any relaxation in the attendance requirement.

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Demonstrate safety measures against electrical shocks	K2
CO2	Familiarise with transformers, rheostats, batteries and earthing schemes	K2
CO3	Illustrate the connection diagram and identify the suitable accessories necessary for wiring simple electric circuits	K3
CO4	Identify various electronic components	K2
CO5	Operate various measuring instruments	K3
CO6	Apply the design procedure of simple electronic circuits on breadboard and PCB	K3
CO7	Build the ability to work in a team with good interpersonal skills	K3

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1						3						2
CO2	1					2	1					2
CO3	2					1						2
CO4	3					2						3
CO5	3				3	2			2			3
CO6	3		3	1	3	2	1		2			3
CO7									3	2		2

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Electrical Design Estimating and Costing	K B Raina and S KBhattacharya	New Age International Publishers	2/e 2024
2	Electrical Systems Design	M K Giridharan	I K International Publishing House Pvt. Ltd	3/e 2022
3	Basic Electrical Engineering	D P Kothari and IJ Nagrath	Tata McGraw Hill	4/e 2019
4	Basic Electronics and Linear Circuits	NN Bhargava, D C Kulshreshtha and S C Gupta	Mc Graw Hill	2/e 2017

Continuous Assessment with equal weightage for both specializations (45 Marks)

1. Preparation and Pre-Lab Work (10 Marks)

- Pre-Lab Assignments: Assessment of pre-lab assignments or quizzes that test understanding of the upcoming experiment.
- Skill Proficiency: Proficiency in handling equipment, accuracy in observations, and troubleshooting skills during the experiments.
- Teamwork: Collaboration and participation in group experiments.

2. Lab Reports and Record Keeping (10 Marks)

- Quality of Reports: Clarity, completeness and accuracy of lab reports. Proper documentation of experiments, data analysis and conclusions.
- Timely Submission: Adhering to deadlines for submitting lab reports/rough record and maintaining a well-organized fair record.

3. Viva Voce (10 Marks)

- Oral Examination: Ability to explain the experiment, results and underlying principles during a viva voce session.

Evaluation Pattern for End Semester Examination with equal weightage in both specializations (50 Marks)

1. Procedure/Preliminary Work/Design/Algorithm (10 Marks)

- Procedure Understanding and Description: Clarity in explaining the procedure and understanding each step involved.
- Preliminary Work and Planning: Thoroughness in planning and organizing materials/equipment.
- Algorithm Development: Correctness and efficiency of the algorithm related to the experiment.
- Creativity and logic in algorithm or experimental design.

2. Conduct of Experiment/Execution of Work/Programming (15 Marks)

- Setup and Execution: Proper setup and accurate execution of the experiment or programming task.

3. Result with Valid Inference/Quality of Output (10 Marks)

- Accuracy of Results: Precision and correctness of the obtained results.
- Analysis and Interpretation: Validity of inferences drawn from the experiment or quality of program output.

4. Viva Voce (10 Marks)

- Ability to explain the experiment, procedure results and answer related questions
- Proficiency in answering questions related to theoretical and practical aspects of the subject.

5. Record (5 Marks)

- Completeness, clarity, and accuracy of the lab record submitted

SEMESTER S1/S2
HEALTH AND WELLNESS
(Common to all Groups)

Course Code	UCPWT127	CIE Marks	50
Teaching Hours/Week (L: T:P: R)	1:0:1:0	ESE Marks	0
Credits	1	Exam Hours	Nil
Prerequisites (if any)	None	Course Type	Theory and Practical

Course Objectives:

1. To provide essential knowledge on physical activity, health, and wellness.
2. To ensure students understand body systems, exercise principles, nutrition, mental health, and disease management.
3. To educate students on the benefits of yoga, the risks of substance abuse and basic first aid skills.
4. To equip students with the ability to lead healthier lifestyles.
5. To enable students to design effective and personalized exercise programs.

SYLLABUS

Module No.	Syllabus Description	Contact Hours
1	Human Body Systems related to Physical activity and its functions: Respiratory System - Cardiovascular System. Musculoskeletal System and the Major Muscle groups of the HumanBody. Quantifying Physical Activity Energy Expenditure and Metabolicequivalent of task (MET) Exercise Continuum: Light-intensity physical activity, Moderate -intensity physical activity, Vigorous -intensity physical activity. Defining Physical Activity, Aerobic Physical Activity, Anaerobic Physical Activity, Exercise and Health-Related Physical Fitness.	4

	<p>FITT principle to design an Exercise programme</p> <p>Components of Health related Physical Fitness: - Cardiorespiratory Fitness- Muscular strength- Muscular endurance- Flexibility- Body composition.</p>	
2	<p>Concept of Health and Wellness: Health and wellness differentiation, Factors affecting health and wellness. Mental health and Factors affecting mental health.</p> <p>Sports and Socialization: Sports and character building - Leadership through Physical Activity and Sports</p> <p>Diet and nutrition: Exploring Micro and Macronutrients: Concept of Balanced diet</p> <p>Carbohydrate & the Glycemic Index</p> <p>Animal & Plant - based Proteins and their Effects on Human Health</p> <p>Dietary Fats & their Effects on Human Health</p> <p>Essential Vitamins and Minerals</p>	2
3	<p>Lifestyle management strategies to prevent / manage common hypokinetic diseases and disorders - Obesity - Cardiovascular diseases (e.g., coronary artery disease, hypertension) - Diabetes - Osteoporosis - Musculoskeletal disorders (e.g., osteoarthritis, Low back pain, Kyphosis, lordosis , flat foot, Knock knee)</p> <p>Meaning, Aims and objectives of yoga - Classification and importance of of Yogic Asanas (Sitting, Standing, lying) Pranayama and Its Types - Active Lifestyle and Stress Management Through Yoga</p> <p>Understanding on substance abuse and addiction - Psychoactive substances & its ill effects- Alcohol- Opioids- Cannabis -Sedative - Cocaine -Other stimulants, including caffeine -Hallucinogens - Tobacco -Volatile solvents.</p>	4

4	<p>First aid and principles of First Aid: Primary survey: ABC (Airway, Breathing, Circulation). Qualities of a Good First Aider</p> <p>First aid measures for: - Cuts and scrapes - Bruises - Sprains - Strains - Fractures - Burns - Nosebleeds.</p> <p>First Aid Procedures: Cardiopulmonary Resuscitation (CPR) - Heimlich Maneuver - Applying a sling</p> <p>Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain)</p>	2
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Additional Topics

- Need and Importance of Physical Education and its relevance in interdisciplinary context. Understanding of the Endocrine System
- Developing a fitness profile
- Healthy foods habits for prevention and progression of Lifestyle Diseases. Processed foods and unhealthy eating habits.
- Depression - Anxiety - Stress
- Different ways of carrying an injured person. Usage of Automated external defibrillator

Course Assessment Method(CIE: 50 marks)

Continuous Internal Evaluation Marks (CIE):

Attendance	Case Study/Micro project/Presentation	Activity evaluation	Total
10	20	20	50

Course Outcomes (COs)

At the end of the course students should be able to:

Course Outcome		Bloom's Knowledge Level (KL)
CO1	Explain the different human body systems and describe various types of physical activities along with methods to measure and quantify these activities.	K2
CO2	Explain how to maintain or improve health and wellness through psychological practices, dietary habits, and sports activities.	K2
CO3	Discuss about common hypokinetic disorders and musculoskeletal disorders, and describe the importance of leading a healthy lifestyle through the practice of yoga and abstaining from addictive substances.	K2
CO4	Explain the basics of first aid and describe common sports injuries	K2

Note: K1- Remember, K2- Understand, K3- Apply, K4- Analyse, K5- Evaluate, K6- Create

CO-PO Mapping Table:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1				2		3		3	3	2		2
CO2				2		3		2	2			2
CO3				0		3		3				2
CO4				2		3						2

Text Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Foundations of Nutrition	Bhavana Sabarwal	Commonwealth Publishers	1999
2	Anatomy and physiology in health and illness.	Ross and Wilson	Waugh, A., & Grant, A.	2022

Reference Books				
Sl. No	Title of the Book	Name of the Author/s	Name of the Publisher	Edition and Year
1	Fit to be Well Essential Concept	Thygerson, A. L., Thygerson, S. M., & Thygerson, J. S.	Jones & Bartlett Learning.	2018
2	Introduction to physical education, fitness, and sport.	Siedentop, D., & Van der Mars, H.	Human kinetics.	2022
3	Substance Use Disorders. Manual for Physicians.	Lal, R., & Ambekar, A. (2005).	National Drug Dependence Treatment Centre, New Delhi	2005
4	The exercise health connection-how to reduce your risk of disease and other illnesses by making exercise your medicine.	Nieman, D. C., & White, J. A	Public Health	1998
5	ACSM's resource manual for guidelines for exercise testing and prescription.	Lippincott Williams & Wilkins.	American College of Sports Medicine.	2012
6	Exercise Physiology: energy, nutrition and human performance.	Katch, F. I., Katch, V. L., & McArdle, W. D.	Lippincott Williams & Wilkins	2010

Continuous Internal Evaluation Marks (CIE): for the Health and wellness course

Students will be evaluated as follows.

Title	Method of Evaluation
Attendance	<p>Students must attend at least 75% of both theory and practical classes. They will receive 10 marks based on their class attendance.</p> <p>Students who do not meet the minimum attendance requirement for a course, as specified in the B. Tech regulations, will not be eligible to proceed to the next criteria.</p>
Assignment / Presentation	<p>Assignments will be given to students to assess their understanding of the subjects taught. Students will be required to make presentations on the subjects taught in class, and their understanding of the subjects will be assessed.</p> <p>Based on the Assignments and Presentations the students will be awarded marks out of 20</p>
Activity Evaluation	<p>The Assignment / Presentation faculty handling the class will use the tests from the Fitness Protocols and Guidelines for ages 18+ to 65 years, as set forth by FIT India. Measurements will be taken for all the tests of the FIT India Fitness Protocol and the evaluation will be based on the benchmark score received for the following tests:</p> <ol style="list-style-type: none"> 1. V Sit Reach Test 2. Partial Curl Up - 30 seconds 3. Push Ups (Male) and Modified Push Up (Female) 4. Two (2) Km Run/Walk <p>Students who achieve a total benchmark score of 8 across the aforementioned 4 tests will be awarded pass marks for activity evaluation. Students who score better will be awarded a maximum mark of 20.</p>
Activity Evaluation - Special Circumstances	<p>Physically challenged and medically unfit students can opt for an objective test to demonstrate their knowledge of the subjects taught. Based on their performance in the objective test, they will be awarded marks out of 20.</p>
Activity Evaluation - Special Considerations - NCC	<p>Students who enrolled themselves in the NCC during the course period (between the start and end dates of the program) and attended 5 college level parades will be awarded pass marks for activity evaluation. Students who attend more parades will be eligible for a maximum mark of 20 based on their parade attendance.</p>

Tests to evaluated as per Criterion - 2 and Benchmark Scores

V Sit Reach Test

How to Perform:

1. The subject removes their shoes and sits on the floor with the measuring line between their legs and the soles of their feet placed immediately behind the baseline, heels 8-12" apart.
2. The thumbs are clasped so that hands are together, palms facing down and placed on the measuring line.
3. With the legs held flat by a partner, the subject slowly reaches forward as far as possible, keeping the fingers on baseline and feet flexed.
4. After three tries, the student holds the fourth reach for three seconds while that distance is recorded.
5. Make sure there are no jerky movements, and that the fingertips remain level and the legs flat.

Infrastructure/Equipment Required:

1. A tape for marking the ground, marker pen, and ruler.
2. With the tape mark a straight line two feet long on the floor as the baseline, and a measurement line perpendicular to the midpoint of the baseline extending two feet on each side.
3. Use the marker pen to indicate every centimeter and millimeter along the measurement line. The point where the baseline and the measuring line intersect is the zero point.
4. Scoring: The score is recorded in centimeters and millimeters as the distance reached by the hand, which is the difference between the zero point (where the baseline and measuring line intersect) and the final position.

Scoring for V Sit Reach Test for Males

Level	Benchmark Score	Measurement (cm)
1	2	<11
2	4	12-13
3	6	14-17
4	7	18-19
5	8	20-21
6	9	22
7	10	>22

Scoring for V Sit Reach Test for Females

Level	Benchmark Score	Measurement (cm)
1	2	<14
2	4	15-16
3	6	17-19
4	7	20-21
5	8	22
6	9	23
7	10	>23

Partial Curl Up - 30 seconds**How to Perform:**

1. The subject lies on a cushioned, flat, clean surface with knees flexed, usually at 90 degrees, with hands straight on the sides (palms facing downwards) closer to the ground, parallel to the body.
2. The subject raises the trunk in a smooth motion, keeping the arms in position, curling up the desired amount (at least 6 inches above/along the ground towards the parallel strip).
3. The trunk is lowered back to the floor so that the shoulder blades or upper back touch the floor.

Infrastructure/Equipment Required:

Flat clean cushioned surface with two parallel strips (6 inches apart), Stopwatch

Scoring: Record the maximum number of Curl ups in a certain time period 30 seconds.

Scoring for Partial Curl Up - 30 seconds Test for Males

Level	Benchmark Score	Numbers
1	2	<25
2	4	25-30
3	6	31-34
4	7	35-38
5	8	39-43
6	9	44-49
7	10	>49

Scoring for Partial Curl Up - 30 seconds Test for Females

Level	Benchmark Score	Numbers
1	2	<18
2	4	18-24
3	6	25-28
4	7	29-32
5	8	33-36
6	9	37-43
7	10	>43

Push Ups for Male/Modified Push Ups for Female**How to Perform:**

1. A standard push up begins with the hands and toes touching the floor, the body and legs in a straight line, feet slightly apart, the arms at shoulder width apart, extended and at a right angle to the body.
2. Keeping the back and knees straight, the subject lowers the body to a predetermined point, to touch some other object, or until there is a 90-degree angle at the elbows, then returns back to the starting position with the arms extended.
3. This action is repeated, and the test continues until exhaustion, or until they can do no more in rhythm or have reached the target number of push-ups.
4. For Female: push-up technique is with the knees resting on the ground.

Infrastructure/Equipment Required:

Flat clean cushioned surface/Gym mat

Scoring: Record number of correctly completed pushups.

Scoring for Push Ups for Male

Level	Benchmark Score	Numbers
1	2	<4
2	4	04- 10
3	6	11 -18
4	7	19-34
5	8	35-46
6	9	47-56
7	10	>56

Scoring for Modified Push Ups for Female

Level	Benchmark Score	Numbers
1	2	0-1
2	4	2 - 5
3	6	6 -10
4	7	11 - 20
5	8	21-27
6	9	27-35
7	10	>35

2 Km Run/Walk

How to Perform:

1. Participants are instructed to run or walk 2 kms in the fastest possible pace.
2. The participants begin on signal (Starting point)- “ready, start”. As they cross the finish line, elapsed time should be announced to the participants.
3. Walking is permitted but the objective is to cover the distance in the shortest possible time.

Infrastructure/Equipment Required:

Stopwatch, whistle, marker cone, lime powder,

measuring tape, 200 or 400 m with 1.22 m (minimum 1 m) width preferably on a flat and even playground with a marking of starting and finish line. You can also use any application on your mobile phone that tells you the distance.

Scoring: Time taken for completion (Run or Walk) in min, sec.

Scoring for 2Km Run/walk for Male

Level	Benchmark Score	Minutes : Seconds
1	2	> 11:50
2	4	10:42
3	6	09:44
4	7	08:59
5	8	08:33
6	9	07:37
7	10	>07:37

Scoring for 2Km Run/walk for Female

Level	Benchmark Score	Minutes : Seconds
1	2	>13:47
2	4	12:51
3	6	12:00
4	7	11:34
5	8	10:42
6	9	09:45
7	10	>09:45